

# YOUR ROADMAP

*Step Activation Process to become an Internationally Accredited Sound Therapist with Sound Healing School UK*

01

## ACTIVATION 1

### THE BASICS OF SOUND HEALING

An introductory course | Online or In-person | 1 day or 3 x 2hr sessions | Completion compulsory to progress to Activation 2

02

## ACTIVATION 2

### CERTIFICATE IN SOUND HEALING

In-person course over 2 days - qualifies you to use sound therapy for group sessions | Completion compulsory to progress to Activation 3

03

## ACTIVATION 3

### SOUND THERAPY DIPOLMA

In-person course over 3 days - qualifies you to provide accredited 1:1 sound therapy

04

## ACTIVATION 4

### MINDFUL MARKETING FOR HOLISTIC HEALTHCARE PRACTITIONERS

Online or In-person - optional workshop(s) for burgeoning holistic therapists

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## ACTIVATION 1

### THE BASICS OF SOUND HEALING

An introductory course | Online or In-person | 1 day or 3 x  
2hr sessions | Completion compulsory to progress to  
Activation 2

### COURSE CONTENT

#### **History and Traditions**

Sound Healing Around the World

Singing Bowl Origins

Ancient Chinese Bells

Bonpo Connection

#### **Technical Aspects of Sound Healing**

Frequency

Resonance

Cymatics

Entrainment and Brain Waves

#### **Spiritual Aspects of Sound Healing**

What is Healing?

The Importance of Intent and Intuition

Chakras and Balance



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## ACTIVATION 2

### CERTIFICATE IN SOUND HEALING

In-person course over 2 days - qualifies you to use sound therapy for group sessions | Completion compulsory to progress to Activation 3

### COURSE CONTENT

Holding and Grounding Space/Space Clearing

Guiding Meditation

Exploration of different Sound Healing Instruments &

Practical Application

Scene-Setting and Set-Up

Breathing Techniques

Playing Techniques - Tibetan Singing Bowls, Crystal Singing

Bowls, Gongs and Percussion

The Relationship between Sound and Silence

The Holistic Approach

Group Sound Bath Practical Assessment



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## ACTIVATION 3

### SOUND THERAPY DIPOLMA

In-person course over 3 days + Case Studies qualifies you to provide accredited 1:1 sound therapy

### COURSE CONTENT

Chakra Healing

Yoga Nidra

Client 1:1 Assessment

Sound Bowl Massage

Interactive Sessions with Fellow Students

Self-Care and Spiritual Evolution

Caring for your Instruments

Sound and Sacred Geometry

Case studies (held between days 1 & 2)

1:1 Sound Therapy Practical Assessment



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## ACTIVATION 4

MINDFUL MARKETING 1-DAY COURSE ONLINE

Optional Workshop - FREE for Diploma Students | Small Charge  
for Certificate Holders

Finding your Voice

Discovering your Niche

Branding

Promotional Activity

Working with other Practitioners



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# ALSO INCLUDED

Extensive and Active Support Network of Graduate Students

Workbooks for Each Activation Level

Self & Spiritual Awareness Development

Monthly Group Coaching Calls

Recommended Reading

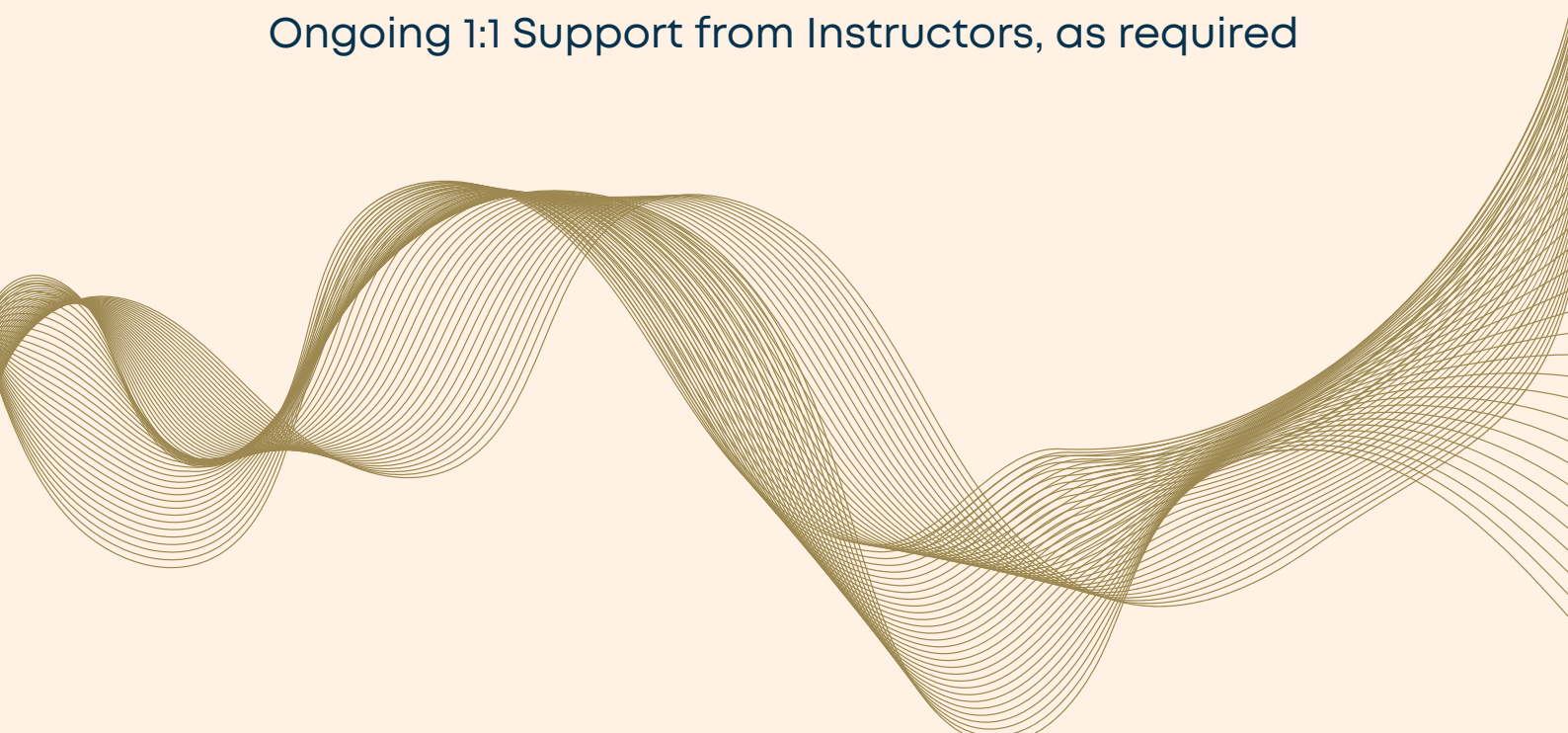
Support & Signposting for Instrument Purchase

Insurance and Certification

Access to pages on [www.soundhealingschooluk.com](http://www.soundhealingschooluk.com) site for

Associated Documents, Chat and More

Ongoing 1:1 Support from Instructors, as required



# INVESTMENT

## Activation 1: Basics of Sound Healing

Introductory Course | Time to complete: 1 day in person or 3 x 2 hour sessions online

Cost: £222

## Activation 2: Certificate in Sound Healing

Time to complete: 2 days in person

Cost: £888

## Activation 3: Sound Therapy Diploma

Time to complete: 3 days in person plus case studies (in own time)

Cost: £1111

- *If you take the full training, the accreditation costs £1665.75 (which is a 25% discount on taking the courses separately) or £1776.80 (-20%) if paid via instalments (up to 12 months).*

Please note: Activation 1 is required to complete Activation 2 and both Activations 1 & 2 are required for Activation 3.

The diploma includes an optional 4-hour Mindful Marketing Workshop, plus free and ongoing monthly group support calls on zoom.



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# ACCREDITATION

All Activations are accredited by the IPHM (International Practitioners of Holistic Medicine) allowing you to practice as a Sound Therapy Practitioner for group and 1:1 sessions.



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[www.soundhealingschooluk.com](http://www.soundhealingschooluk.com)  
[www.heronmoon.co.uk](http://www.heronmoon.co.uk)